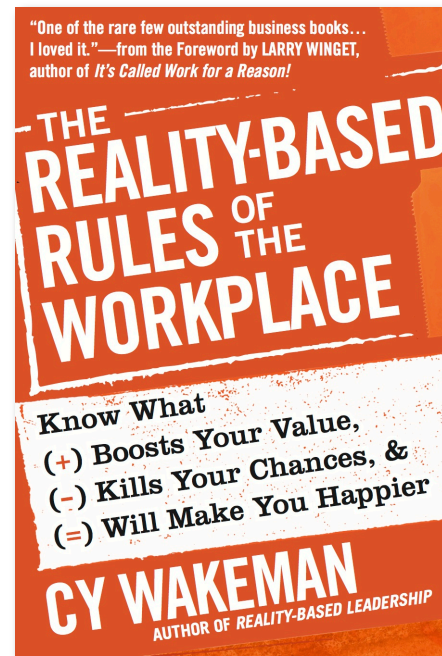


The Reality-Based Rules of the Workplace: Know What Boosts Your Value, Kills Your Chances, and Will Make You Happier at Work – Cy Wakeman

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The key to understanding how your manager calculates your real value—and how to boost it

More than anything else, you need to understand exactly how your employer evaluates you, and your annual performance review doesn't tell the whole story. In *Reality Based Rules of the Workplace*, Cy Wakeman shows how to calculate your value to your organization. This number calculates your current and future potential against your "emotional expense"—the toll your actions and attitudes take on the people around you. With Cy's clear, straight-to-the-point advice, you can confront and reduce your emotional expensiveness, become an invaluable member of your team, and even learn to love your job again.



- Explains an exact formula for measuring worth by quantifying the following factors: current performance, future potential, and the biggest detractor, your emotional expense
- Shares sane advice for becoming the kind of employee who reduces drama—and thereby ensures job success
- Builds on the lessons in *Reality-Based Leadership*, Cy Wakeman's first book for leaders and managers

Reality Based Rules of the Workplace is the essential guide for boosting your value, owning your career, and becoming the kind of employee no organization can afford to lose.

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